



# WMR EAGLES PTO NEWSLETTER

## DECEMBER 2020

SUN	MON	TUES	WED	THU	FRI	SAT
<p>FUN WINTER DRESS-UP DAYS WILL BE ANNOUNCED SOON!</p>		1	2 AHS VS. THOMPSON 7A STATE CHAMPIONSHIP GAME 7:00 TUSCALOOSA 	3	4	5
6	7	8 RESTAURANT DAY @ AUBURN NIFFER'S 	9	10	11 WMR SPELLING BEE	12
13	14	15	16	17	18 PAJAMA DAY!	19
20	21	22	23	24	25	26
27	<p>WINTER HOLIDAYS NO SCHOOL DECEMBER 21 – JANUARY 1</p>					

## Notes From The Office

### Student Check-Out At WMR

We like to keep check outs to a minimum; it is so important for our students to not miss instructional time, but in the event that a student needs to be checked out, please follow this procedure:

Please email the office ([Immeadows@auburnschools.org](mailto:Immeadows@auburnschools.org)) at least 30 minutes before checking your child/children out at WMR. This minimizes exposure while waiting to check-out.

If you cannot email, please call the office at (334) 887-1990 when you arrive to request your student. The sign out sheet and your student will be brought to your car. Thank you for your understanding.

### Excused Absences

Parents/Guardians- please remember when your student is absent, you have three days to turn in a parent/guardian hand-written note or doctor's excuse.

If you are sending in a parent/guardian note it must:

- be handwritten and signed by parent/ guardian
- include date and reason for absence. If no reason is given, the absence will be coded as unexcused.

**Emails cannot be accepted as parent excuses!**

### Changes In Transportation

If your child needs to change their method of transportation home for any reason, you **MUST** fill out the -- Change of Transportation Form -- that can be found on the WMR website. The form should be filled out completely & signed, then delivered or emailed to the school PRIOR to 12 noon on the day of the change. If you are emailing, be sure to email your child's teacher AND Mrs. Meadows in the front office.

[Immeadows@auburnschools.org](mailto:Immeadows@auburnschools.org)

# Computer Info



Don't forget to send in an inexpensive pair of headphones for your child to leave at school.



# P.E. Info

DONATE TO SCHOOLS  
WITH



SEND IN YOUR COCA-COLA  
PRODUCT BOTTLE CAPS TO  
COACH OLIVER

OR

- CLICK ON "DONATE TO YOUR LOCAL SCHOOL"
- SEARCH FOR WRIGHTS MILL RD ELEMENTARY
- SIGN IN OR JOIN
- ENTER BOTTLE CAP CODES FROM COKE PRODUCTS

SUPPORT

WRIGHTS MILL ROAD ELEMENTARY'S  
PHYSICAL EDUCATION PROGRAM

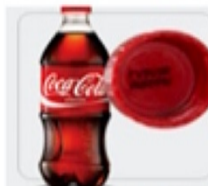


**mycokerewards** for schools

MY COKE REWARD CODES CAN BE FOUND ON HUNDREDS OF DIFFERENT  
PACKAGES FROM THESE BRANDS:



CODES CAN BE FOUND IN THREE PLACES ON PACKAGING  
HERE IS A GUIDE TO HELP YOU:



**Bottle  
Caps**



**Fridge  
Packs**



**Shrink  
Wrap**



**No UPC**  
Make sure you have the  
**My Coke Rewards**  
code - not the UPC  
code.

## Nurse Notes

WMR Parents,

Cold weather has finally made its way to Alabama! Bundle up everybody! If you haven't already, please take advantage of our partnership program FLUency™ through Kinsa® technology company. Text 900900 to receive the app link. Download the app & order your FREE smart thermometer. We have 35+ participants so far. The more staff/student participation, the more effectively we can manage illness prevention in our school. Feel free to email me or visit <https://www.kinsahealth.co/kinsa-for-schools/> for more information.

### *Quarantine Guidelines:*

If your child is undergoing quarantine, a follow up letter of clearance from your physician is **required** & must be submitted to the school before your child can return. This is a mandatory policy stated in the 2020 ACS Return to Learning handbook. Lab documentation stating a student has had a negative COVID-19 test is not the same as a clearance letter following quarantine. It is best to notify your physician in the beginning of the quarantine time to discuss if or when it would be best for a student to be tested, based on their exposure. Discussing exposure with your doctor early on will provide more time to set up an appropriate office visit, which could save you time & money on co-pays. I have been following up via phone call/email closer to the student's return to school date to check in and answer any questions. However, feel free to contact me at any time.

Stay well EAGLES!

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WMR School Nurse  
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Cell/Text 334-728-7032  
[krmwoody@auburnschools.org](mailto:krmwoody@auburnschools.org)



# Family Book Club

You are invited to  
Wrights Mill Road's (virtual) Family Book Club  
for

## *THE ONE AND ONLY IVAN*

By: Katherine Applegate



Inspired by the true story of Ivan, a captive shopping mall gorilla, this tale of friendship, keeping promises and hope will warm your heart! We hope you will join our Family Book Club by reading the bestselling book *The One and Only Ivan* by Katherine Applegate during November and December. It is our pleasure to gift this book to your family to enjoy building vocabulary, comprehension, and a love of reading together.

We invite ALL WMR EAGLES -traditional and remote-to read with their families.

Our Family Book Club Celebration is always a special day at WMR. Although we will not be able to gather in person this year, we have included some fun optional activities that will enhance your reading at home. We do plan to have a virtual celebration for our Family Book Club members in January. Look for more information about that soon. We are so happy to continue this special tradition despite the COVID -19 challenges.

Please let us know if you have any questions!

**Enjoy Reading!**

Mrs. Bain  
Reading Coach

Mrs. Goolsby  
Title One Teacher

Mrs. Dempsey  
Librarian



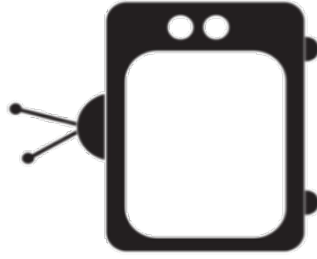
# The One and Only Ivan- Family Book Club

Katherine Applegate uses **first person point of view** to explain the human world from the perspective of Ivan the captive gorilla. First person point of view uses words like “I, me, my, our and a character in the story tells their own thoughts, feelings, and experiences. How does that add to the voice of this story? How does it create a connection with you as you read?

**Optional Activities:** You can share these experiences at our virtual celebration. Choose any or none!

## TERRIFIC TELEVISION

Ivan watched several TV shows that represented different ways he understood humans. Based on the story, what TV show would you create for Ivan to enjoy? Write a script, summary, commercial, draw pictures of the scenes, or record it!



## ZOO BUILDER

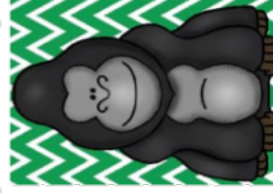
No spoilers here...but zoos are discussed often in this book. Create your own zoo on paper, digitally or out of any 3D materials you want! Can you add details from the story to make the setting come to life? Keep your creation or take a picture to share!

Check virtual Zoo trips here <https://www.weareteachers.com/zoo-virtual-field-trips/>

## ART FROM THE HEART

Art plays an important role in Ivan’s life and expression. One of his few early memories is “fingerprinting” on his mother’s back with cool mud. Create a piece of art that represents the change in Ivan’s story or a collage that represents Ivan. Be creative! Make sure to write your description with your masterpiece.

Check out the back for a fun gorilla drawing!



## STELLA'S WORDS OF WISDOM

“Memories are precious...they help tell us who we are.” (p.53) Stella thinks that Ivan chooses not to remember his past. What does she mean? Take a walk down memory lane with your family and talk about special people or memories that help tell who you are. Write down or create a way to remember these memories.

# Restaurant Night

## JOIN US FOR A GIVE BACK NIGHT WITH NIFFER'S SUPPORTING



Proceeds will go to assisting staff and student with supplies throughout the year. Simply sign WMR to your receipt at lunch, dinner, or carry out and Niffer's will donate 10% on your behalf.

**Tuesday  
December 8  
2020**



**Niffer's Place  
1151 Opelika Rd  
Auburn**

## Box Tops For Education

### New Box Tops Program!


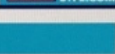
Simply download the app and scan the receipt.

When you choose Wrights Mill Road, the money will go directly towards the school's earnings.

You can still send in any clipped box tops until they are completely phased out.

**EARN CASH FOR OUR SCHOOL**  
NO MORE CLIPPING. ALL YOU NEED IS YOUR SMARTPHONE.

The NEW and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to our school's earnings online.

LOOK FOR THE NEW LABEL:  **NO MORE CLIPPING** **SCAN**  **BTFC.COM**

**HERE'S HOW IT WORKS:**



**BUY BOX TOPS PRODUCTS**  
You can find Box Tops on hundreds of products throughout the store.

**SCAN YOUR RECEIPT**  
Use the app to snap a photo of your receipt within 14 days of purchase.


**EARN CASH FOR OUR SCHOOL**  
Box Tops earnings are identified and automatically updated at BTFC.com.

You do not need to clip or send Box Tops labels to school.

**BOX TOPS CLIPS ON PACKAGES**  
Traditional Box Tops clips are being phased out of production but may continue to be found on many products throughout the store as packages transition to the new Box Tops labels. You can still clip these and send them to school. Please make sure each clip has a valid expiration date.

**BUY BOX TOPS PRODUCTS**  **CUT OUT THE BOX TOP FROM EACH PACKAGE**  **SEND YOUR BOX TOPS TO SCHOOL** 

SEE PRODUCTS & LEARN MORE ABOUT THE BOX TOPS APP AT [BTFC.COM](http://BTFC.COM)

THE ALL-NEW BOX TOPS IS HERE! DOWNLOAD THE APP: 



# Publix And Kroger Reward Cards



Dear WMR Families,

Did you know that every time you shop at Publix or Kroger, a percentage of your transaction could be allocated to WMR by using your Publix Partners or Kroger Community Rewards account?

Fill the Mill will still be happening this year, but in different ways. For starters, we are having a **CLASSROOM COMPETITION** for whose class can produce the most enrollment in the Publix Partners or Kroger Community Rewards account!!! The classroom winner will be served a sweet surprise!!

When you enroll in the programs you will receive a confirmation email. Send a copy of that enrollment with your student to turn into their homeroom teacher starting...

**September 8 - 18.**

**Publix.**

**Step 1:** Go to this site:

<https://www.publix.com/pages/publix-partners>

**Step 2:** Login or Create a New Account

NOTE: YOU MUST RE-ENROLL your school in July of each year.

**Step 3:** Enter your Profile Information or click your name in upper right corner if you already have an account.

NOTE: THE PHONE NUMBER YOU ENTER INTO YOUR PROFILE WILL BE THE NUMBER YOU TYPE IN AT CHECKOUT!!

**Step 4:** Click on the Publix Partners Icon and type Wrights Mill Road into the search bar to SELECT YOUR SCHOOL.

**Step 5:** Go Shopping at Publix. Before you put in your credit card, type in your registered phone number (area code first). A percentage of your bill will go directly back to our school!

**Kroger**

**Step 1:** Go to this site: <https://www.kroger.com>

**Step 2:** Login or Create a New Account

NOTE: YOU MUST RE-ENROLL your school in July of each year.

**Step 3:** Enter your Profile Information or click on Community Rewards.

NOTE: THE PHONE NUMBER YOU ENTER INTO YOUR PROFILE WILL BE THE NUMBER YOU TYPE IN AT CHECKOUT!!

**Step 4:** Type in Wrights Mill Road into the search bar and ENROLL our school.

**Step 5:** Go shopping at Kroger. Before you put in your credit card, type in your registered phone number (area code first). It's such an easy way to donate!

Help out WMR while you feed your family!!!



<h1 style="text-align: center;">December Lunch Menu</h1>				
Monday	Tuesday	Wednesday	Thursday	Friday
30 Pancakes each Syrup 1 pack Sausage links 2 links Tater Tots .75 cup Fruit Cup 4 oz each Ketchup 2 PACKS Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk, Strawberry 1 8 OZ BOTTLE	1 Turkey Sub Sandwich Box 1 box Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk, Strawberry 1 8 OZ BOTTLE	2 Chicken fajitas 4 ounce Tortilla, soft, whole wheat each Roasted Corn & Beans .5 cup Lettuce/Tomato .50 CUP Sorbet, OJ & Pineapple, FRZN 4 4.4 oz. Cheese Sauce 2 OZ Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk - Strawberry 1 BOTTLE	3 BBQ Chicken EACH Roll Baked Beans .50 CUP Fruit Cup - Applesauce 4.5 oz Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk - Strawberry 1 BOTTLE	4 Pepperoni Pizza Corn 1/2 cup TOSSED SALAD 1/2 CUP Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk - Strawberry 1 BOTTLE
7 CHICKEN NOODLE SOUP 1 CUP Mixed Vegetables 0.75 cup Banana EACH Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk, Strawberry 1 8 OZ BOTTLE	8 HAM 2 oz. Egg, Scrambled Square serving Hash brown Potatoes 1 pattie BISCUIT 1 BISCUIT Apple SERV Milk, 1 %, 8 oz Carton Milk, Chocolate 1 BOTTLE Milk - Strawberry 1 BOTTLE	9 Turkey Wrap MEAT/TORTILLA Baby Carrots .75 cup Celery Sticks CUP Apple SERV Ranch Dressing PACKAGE Shredded Cheese 1 OZ Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk - Strawberry 1 BOTTLE	10 Asian Chicken each (3 oz) Fried Rice and Vegetables serving STIR FRY VEGGIES 1/2 CUP Sorbet, Kiwi Straw, FRZN 4.4 o 4.4 oz Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk - Strawberry 1 BOTTLE	11 Fruit and Muffin Box 1 Box Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk - Strawberry 1 BOTTLE
14 CHICKEN AND RICE serving Green Peas 1/2 cup Pineapple Bites .50 cup Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk, Strawberry 1 8 OZ BOTTLE	15 Steak Nuggets 8 nuggets Roll each Black Eye Peas 3/4 CUP Sorbet, OJ & Pineapple, FRZN 4 4.4 oz. Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk - Strawberry 1 BOTTLE	16 Chicken Alfredo 1 CUP Broccoli Cuts, FRZ cup Sliced Carrots 1/2 CUP Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk - Strawberry 1 BOTTLE	17 Chicken Sandwich 1 Lettuce/Tomato .50 CUP Mashed Potatoes .75 cup Sliced Pears (8) .50 cup Ketchup 2 PACKS Mustard 1 PACK Mayonnaise Pkt 16g Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk, Strawberry 1 8 OZ BOTTLE	18 Pepperoni Pizza GREEN BEANS 1/2 Pineapple Bites .50 cup Milk 1% 1 BOTTLE Milk, Chocolate 1 BOTTLE Milk - Strawberry 1 BOTTLE
21	22	23	24	25
<div style="border: 2px dashed black; padding: 10px; background-color: #e0f2f1;"> <p style="font-size: 24px; margin: 0;">WINTER HOLIDAYS NO SCHOOL</p> <p style="font-size: 24px; margin: 0;">DECEMBER 21 – JANUARY 1</p> </div>				
28	29			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient. \* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.